



COVID-19 Symptoms and Positive Test Procedures

Procedures for Sickness Related to a Non-Injury Related Illness

The following are recommended guidelines for coaches, Safety Officers, parents and guardians for participants who are sick or showing symptoms of COVID-19. It is important to remember that public health authorities and advice from physicians must be followed in any situation where a participant is sick.

Participant feels ill at the facility/activity:

- a) Participant advises team staff and Safety Officer immediately.
- b) Participant receives a mask and immediately wears it. Anyone caring for the participant should also wear a mask.
- c) Parents/Guardians are advised and take the participant home. If the participant is an adult, they will leave immediately if well enough to drive. If there is a delay in leaving the facility, they should find an area to isolate.
- d) Contact a physician and call the local public health line. Follow isolation requirements of the public health authorities.
- e) The participant will require a note from their physician to return to activity.

Procedures for a Suspected Infected Person or a Positive Test Result

1. Protocol for Persistent or Worsening Symptoms of COVID-19

If any individual who has attended in-person ringette activities within the **last 14 days** is experiencing persistent or worsening symptoms of COVID-19, the following steps must be taken:

- a) The unwell person is to immediately notify their Member Organization's COVID-19 Safety Officer and / or Supervisor, as well as Ringette Manitoba's Executive Director, who shall inform Manitoba Public Health and Ringette Canada.
- b) The unwell person is required to follow all medical and government instruction on managing their worsening or persistent COVID symptoms.
- c) All individuals recorded as attending the same in-person ringette activities within the last 14 days will be contacted by the Safety Supervisor and instructed to self-monitor. Any notification to those individuals must avoid identifying the individual who is/was experiencing symptoms. Safety Supervisor will make list available to Ringette Manitoba and Manitoba Public Health.

2. Protocol for a Positive COVID-19 Test

If any individual who has attended in-person ringette activities within the **last four weeks tests positive** for COVID-19, the following steps must be taken:

- a) The infected person is to immediately notify their Member Organization's COVID-19 Safety Supervisor(s) or the Ringette Manitoba Executive Director.
- b) The Member Organization's COVID-19 Safety Supervisor is to immediately inform the Ringette Manitoba's Executive Director who shall inform Manitoba Public Health and Ringette Canada.
- c) The infected person is required to follow all medical and government instruction on managing their diagnosis. The infected person may only return to ringette activities once cleared as noncontagious by provincial or local public health authorities and has provided Ringette Manitoba written confirmation from a medical doctor of the same.
- d) All in-person ringette activities and facilities that the infected person has attended in the last 14 days to four weeks are immediately suspended for a minimum of two weeks.
- e) All individuals recorded as attending the same in-person ringette activities are contacted by either Ringette Manitoba or Member Organization's COVID Safety Supervisor, informed of their close contact with an infected person and instructed to self-isolate in-line with medical and government instruction. Any notification to those individuals must avoid identifying the individual who was diagnosed
- f) The Ringette Manitoba's Executive Director shall notify the Provincial/Regional Health Authority as regulated and relay any instructions to the Member Organization and Ringette Canada.