



Southwest Winnipeg Ringette Assoc.

2015-16

Equipment List

1. CSA approved helmet with full cage or shield. Cage must be CSA approved for Ringette (triangular pattern).
2. Shoulder pads - with chest protector.
3. Elbow pads
4. Throat (neck) protector (BNQ approved)
5. Gloves – ringette or hockey gloves
6. Girdle - with pelvic protector
7. Shin pads
8. Ringette pants
9. Skates – figure skates are not acceptable
10. Ringette stick *
11. Mouth guard (recommended)
12. Personal Water Bottle (required)
13. A good sport bag to carry or pull at the equipment

* For all players and coaches, a legal ringette stick is required – no cut off hockey sticks

